



The Saskatchewan Seniors Mechanism is responding to the call from the Public Health Agency of Canada to participate in the Age-Friendly Communities project which “seeks to engage older Canadians and their communities in making their communities better, healthier and safer places for seniors to live and thrive. In an age-friendly community, policies, services and structures related to the physical and social environment are services and structures related to the physical and social environment are designed to support and enable people to “age actively” – that is, to live in security, enjoy good health and continue to participate fully in society.”

As our percentage of older adults within our community increases over the next several years, creating Age-Friendly communities will be the key to addressing changes this population shift will create. Inclusive communities have healthier, happier people and are better able to meet the needs of all residents!

Humboldt Ag- Friendly Saskatchewan thanks you for participating in this survey to move forward in developing a strategy within our community. Humboldt Age-Friendly Saskatchewan will provide your input to SSM to lead in developing Age-Friendly Saskatchewan and then to contribute with the National initiative along with other Canadian provinces! Please respond to the questions by circling the number that you feel is most accurate. Please focus on our community as you answer the questions. We are gathering data about services and conditions in our community rather than in other towns or cities.

Please return the survey by September 30, 2020

Dropped off @ City Hall, Mainstreet, Humboldt

For Information, please call:

Roger Nordick @306 682-5775

or

Laurie Lidgren @ 306 320-8068

AF Assessment Tool

Please circle your age range:

Under 40 40-54 55-64 65-74 75-84 85+

Complete each question on a scale of 0-5

0=don't know 1=poor 2=fair 3=good 4=very good 5=excellent

Sidewalks, Pathways, Trails and Rest areas

0 1 2 3 4 5

Sidewalks, paths and trails are well marked, maintained and snow cleared

0 1 2 3 4 5

Sidewalks have flat intersections so wheelchairs/scooters can get around the community

0 1 2 3 4 5

Disability benches and other seating is available along sidewalks, paths and trails

0 1 2 3 4 5

Audible (sound) traffic lights are available

0 1 2 3 4 5

Is the lettering of street signage large enough and visible?

0 1 2 3 4 5

Is adequate seating provided in parks and near business places?

0 1 2 3 4 5

Public Restrooms and Buildings

0 1 2 3 4 5

There are adequate public restrooms throughout the community

0 1 2 3 4 5

Buildings in the community have good signs to direct people to public restrooms 0 1 2 3 4 5

All public restrooms in the community are accessible and appropriate for wheelchairs 0 1 2 3 4 5

All public restrooms in the community are equipped with handrails and other necessary amenities 0 1 2 3 4 5

Transportation and Roads

Roads and streets are well maintained 0 1 2 3 4 5

Roads and streets are appropriately lit for safety and comfort 0 1 2 3 4 5

Disabled parking is monitored to ensure space is kept available for those who need it 0 1 2 3 4 5

Transportation to local medical appointments are available and affordable 0 1 2 3 4 5

Transportation to out of town medical appointments is available and affordable 0 1 2 3 4 5

Scooters are regarded to be part of transportation/road planning in the community and information/bylaws regarding the use of scooters is available 0 1 2 3 4 5

Housing

Senior low-income housing is located close to services 0 1 2 3 4 5

Enough Senior low-income housing is available 0 1 2 3 4 5

Affordable supports are available to help older adults stay in their residences 0 1 2 3 4 5

Affordable long-term care options are available	0	1	2	3	4	5
Affordable services such as yard maintenance and snow clearing are available for older adults	0	1	2	3	4	5
Information on financial assistance programs for home modification and maintenance is readily available to Seniors (ex. Sask Abilities Council, etc)	0	1	2	3	4	5
Respect and Social Inclusion/Participation						
Community activities are designed to bring together different generations	0	1	2	3	4	5
There is a range of social activities/events for older adults and people of all ages	0	1	2	3	4	5
Activities include an appropriate mixture of physical, recreational, indoor and outdoor, educational and cultural activities and events	0	1	2	3	4	5
Activities and events are held in locations that are accessible to all people	0	1	2	3	4	5
Community organizations intentionally contact older adults who may not be able to participate in most activities or events	0	1	2	3	4	5
Organizations provide assistance for older adults to attend community events	0	1	2	3	4	5
A volunteer and/or informal of drivers is available for those who need transportation	0	1	2	3	4	5
Day programs are available for older adults	0	1	2	3	4	5

Availability of Business Services

Necessary services are available for older adults and are affordable	0	1	2	3	4	5
Business and restaurants are accessible for wheelchairs/scooters	0	1	2	3	4	5
Businesses are willing to expand their capacity to address the needs of older adults	0	1	2	3	4	5

Communication and Information

Information about community events/activities is posted where older adults do daily activities or gather	0	1	2	3	4	5
Achievements of older adults are highlighted in the local media	0	1	2	3	4	5
I personally can use a computer and the internet and can find community information through Facebook and websites	0	1	2	3	4	5
Programs to educate and assist older adults become more proficient to the use of computers, internet and social media are available	0	1	2	3	4	5

Civic Participation and Employment Opportunities

Older adults are encouraged to volunteer and remain engaged in the community	0	1	2	3	4	5
Older adults can be employed in the community and there are opportunities for this	0	1	2	3	4	5

Health Services and Community Supports

	0	1	2	3	4	5
Physicians and nurse practitioners are available to the community	0	1	2	3	4	5
Public health nurses are available at health centers & to make home visits	0	1	2	3	4	5
Home Care is available when essential services are requested	0	1	2	3	4	5
Meals on Wheels is available and affordable	0	1	2	3	4	5
Meal delivery (Restaurants) is available and affordable	0	1	2	3	4	5
Delivery of groceries, medicines and other needs is available and affordable	0	1	2	3	4	5
Health services such as occupational and physical therapy, vision, dental and foot care are available locally	0	1	2	3	4	5
Programs such as mental health services, mammograms, diabetes clinics and grief support groups are available	0	1	2	3	4	5

If you have other comments or suggestions, please attach a sheet to this survey and offer your thoughts and insights

The Humboldt Age Friendly Committee is looking for seniors interested in serving the community by being part of the Age Friendly initiatives in our city.

If you are interested in finding out more about how you can be involved or for more information about the survey, please contact:

**Roger Nordick @ 306 682-5775
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