

# Age Friendly Regina Update for Stakeholders

September, 2021

Welcome to fall, and a brief update of the work of Age Friendly Regina (AFR). There are two reasons why the update is “brief”, first the pandemic, and second many of us took a summer break from our volunteer work.

## Consultations:

However, as AFR becomes better recognized we are experiencing more requests to provide participants for ongoing consultations. This is not just committee work, but is rather community work. We count on our Stakeholders—the organizations, associations and individuals—to express their interest when we send out details and call for an expression of interest.

When you participate it is typically representing the goals of AFR—older adults providing a lens to support changes applicable to people of all ages.

This is a list of requests we have been able to source with participants.

1. Invitation to participate in a Community Advisory Group for the development of an "Energy & Sustainability Framework" (January 2021)
2. Invitation to participate in a consultation on the renewal of the City Master Transit Plan (Feb. 2021)
3. Invitation to participate in a Consultation on "Older Adults Safety & Well-being" (March 2021) - Steering Committee members
4. Presentation to the City Community Wellness Committee re: AF (April 2021) - Andre Nogue
5. Presentation to the City Council on AFR (April 2021) - Andre Nogue
6. Invitation to participate in "Winter City Festival sub-committee (Spring 2021)
7. Invitation to contribute to the development of an AFR Friendly Checklist for City Administrators - Steering Committee
8. Invitation to participate in "New Indoor Aquatics Facility Advisory Committee" - Fall 2021
9. Invitation to sit on "Snow Angel Adjudication Committee" - Fall 2021
10. Invitation to participate in second round of consultations re: Transit Master Plan - September 2021 (ongoing)
11. Equity, Diversity, and Inclusion - input to the Advisory Committee - Fall 2021  
Steering Committee representation

Some of these are single sessions and others require a longer commitment. To date there has only been one request for which we have been unable to provide a resource. We offer a big THANK YOU to those Stakeholders who have been able to support AFR and their community by participating in these consultations.

## AFR Survey:

The Survey has been rewritten in simpler language and another distribution push has been made to reach populations not represented in the first distribution. The pandemic has made this a very challenging undertaking and it will be ongoing until we can reach our goal of 1000 survey responses. We are currently at about 650 responses. The new data still supports the conclusions drawn from the original distribution and analysis.

## City of Regina Age Friendly Checklist

The City of Regina and the AFR Steering Committee have worked to create an initial version of an Age Friendly checklist to be used by various city departments both in planning and reviewing programs/policies and for day to day projects.

The checklist is arranged by the 8 domains of Age Friendly. It will be ready to test in pilot mode over the next several months. Following that there will be presentations to city departments to have the checklist fully implemented. Evaluations and alterations will be ongoing.

AFR is very pleased with the results of their collaborative working relationship with the City of Regina in developing and implementing this checklist.

## Priorities for fall:

### Goal Setting and Planning

This will be the next major activity for AFR Steering committee. It is an annual activity and we are always pleased to get input and feedback from our stakeholders on the content as well as suggestions for where their organization, association or an individual skill set may be of help.

### Stakeholder Development and Communications

This effort will not only aim at increasing the number of stakeholders but also broadening the representativity from the various sectors of the community.

These are both focus areas for work over the next year.

AND..We are planning the next Stakeholder Gathering for January 18, 2022 at 1:30. Please mark your calendars. More information will be distributed.