

KIPLING'S AGE FRIENDLY COMMUNITY COMMITTEE

ACTION PLAN

INITIATIVE: Add benches to the downtown area

STRATEGIES	RESOURCES	POTENTIAL PARTNERS	TASKS ASSIGNMENTS	PRIORITY & TIMELINES
Communicate need with Town of Kipling – suggestions of bench near Pharmasave, west side of Library or close to Post Office	Town of Kipling has Memory Bench program.	Past and present residents; businesses	Don, Susan to relay suggested locations to TOK Council. TOK to advertise opportunity for Memory Bench program to residents, past residents on website, newsletter.	Priority – High 1-3 years to add 2 benches
Move Lions Club bench from alongside former Library to new Library	Public Works staff may move bench.	Kipling Lions Club; Public Works staff	Susan to check with Lions Club and Public Works staff.	Priority – High 3 months
Approach Town of Kipling to create Main Street Patio in vacant lot beside Dental Clinic	Available lot in prime location	Town of Kipling	Don to approach Town of Kipling Council	Priority – High 1 year

Outcomes:

Short term

- ✓ Environment is planned/improved with consideration for older adults
- ✓ Improvements are made without a large budget consideration for TOK Council
- ✓ Kipling Lions Club and Tim Hortons provide opportunities for older adults

Intermediate

- ✓ Older adults and parents with small children may see increased opportunity for active transportation
- ✓ Increased appreciation for Kipling Lions Club
- ✓ Increased flow through Tim Hortons in spring, summer, fall

Long term

- ✓ Less isolation of older adults
- ✓ Improved physical and mental health of older adults and/or those with physical challenges
- ✓ Increased quality of life within community

INITIATIVE: Increase availability of Public Washrooms in community

STRATEGIES	RESOURCES	POTENTIAL PARTNERS	TASKS ASSIGNMENTS	PRIORITY & TIMELINES
Request that TOK have signs that indicate "Public Washrooms Available" at Kipling Community Centre and Kipling Professional Bldg	Approval from TOK and signs	Town of Kipling Council	Don to make request	Priority – High 1-2 months
Suggest that businesses have signage stating they have public washrooms available (if applicable)	Communication from Committee to businesses of need.	Businesses in Town of Kipling	Committee member(s) to make request	Priority – High 1-2 months
Make washrooms at seasonal facilities available	Campground Lions Park	Leisure Services	Leisure Services will make washrooms available to public	Priority – High Spring, Summer

Outcomes:

Short term

- ✓ Increased awareness of community environment among all community members
- ✓ Environment is planned and improved with consideration for older adults
- ✓ Improvements are made without large budget expenditure

Intermediate

- ✓ Increased sense of comfort for seniors and parents of small children

Long term

- ✓ Lessened isolation for older adults
- ✓ Increased quality of life within community

INITIATIVE: Advocate for mobility friendly public facilities

STRATEGIES	RESOURCES	POTENTIAL PARTNERS	TASKS ASSIGNMENTS	PRIORITY & TIMELINES
Assist visiting professionals (optometrist) with location that is more mobility friendly	TOK is actively searching for suitable location	Town of Kipling	Town of Kipling CAO and Council	Ongoing
Adapt entrance to Kipling Arena and add improved handrails in entrance and out to stands (ice area)	Need engineered drawing of new entrance to include mobility lift or ramp	Leisure Services Committee (TOK) Fundors Contractors	TOK Council to choose entrance design Leisure Services Manager to source out possible funding TOK Council to award building contract	6 months (complete by October 2021)
Improve safety on ramp at Post Office	Awareness of ice problem on ramp (Canada Post)	Canada Post employees	Committee to report ice problem to Canada Post	Immediately

Outcomes:

Short term

- ✓ Improved safety of mobility compromised community members
- ✓ Increased opportunity for socialization of mobility compromised community members

Intermediate

- ✓ Increased possibility for physical activity for older adults, mobility compromised individuals

Long term

- ✓ Lessen isolation for older adults, mobility compromised individuals
- ✓ Increased quality of life for mobility compromised individuals
- ✓ Increased opportunity for additional uses of Kipling Arena

INITIATIVE: Improve transportation and transportation-related services

STRATEGIES	RESOURCES	POTENTIAL PARTNERS	TASKS ASSIGNMENTS	PRIORITY & TIMELINES
Create disabled parking spots in front of groceries and drugstores	Hometown Co-op has 1 spot alongside building Three Sisters Foods could use one spot in front and both drugstores could use one. 3 or 4 spots needed with sufficient signage	TOK Hometown Co-op Three Sisters Foods Pharmasave Balfour Drugs	Committee to approach TOK Council to make business area more inclusive Public Works to install signage	3 months
Add Thursdays to the days of operation for Handivan (increased activities at Kipling Friendship Club on Thursdays)	Need additional volunteers to operate Handivan	TOK Council Volunteers Lions Club Churches	Town of Kipling to advertise need for volunteers in newsletter, on social media and website, community sign	1-3 months
Develop list of potential persons to drive older people to out of town appointments	Have been 1 or 2 individuals who have filled role in past Need a list of 4 or 5 people with an established fee for service	Age Friendly Committee Town of Kipling Admin Churches	TOK Admin to advertise need on website and social media sites, newsletter and community sign. Joanne to develop list and post at Rudyard Manor, Hospital, Medical Clinic, stores; Susan to inquire with Home Care	1-6 months; update annually
Create Handivan parking on west side of Balfour Drugs and on west side of Public Library on Wednesdays and Fridays	Town of Kipling to designate and provide signage	Town of Kipling Council	Don to approach Town of Kipling Council	Priority – High 1-6 months

Increase # of Handivan Drivers	Lions Club, Churches	Lions Club, Churches	Susan will send letter to Lions Club and Churches, asking for volunteer drivers; Joanne will contact suggested possible drivers	1-3 months
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Outcomes:

Short term

- ✓ Increased awareness among those needing service
- ✓ Cooperation between service clubs, churches and community members
- ✓ Necessary service for those in need

Intermediate

- ✓ Increased opportunity for community connections

Long term

- ✓ Assistance in allowing older adults to stay in the community (own homes), rather than moving to a larger centre
- ✓ Increased quality of life within the community

INITIATIVE: Increase communication of events, services within the community.

STRATEGIES	RESOURCES	POTENTIAL PARTNERS	TASKS ASSIGNMENTS	PRIORITY & TIMELINES
Better communicate upcoming events with older adults	Tag along with TOK Newsletter, Voyent Alert!, hang posters in common areas in Rudyard Manor & Willow Heights, Friendship Club	TOK Admin Kipling Friendship Club Churches (bulletins) Lions Club, Kipling Arts Council	Committee to communicate to those hosting events where/how to advertise more effectively	Immediately
Communicate Handivan use more fully	TOK Admin have "punch passes" available; Hometown Co-op pays for Fridays for all riders TOK Admin to promote Handivan use in Newsletter, post in common areas in Rudyard Manor, Friendship Club Health Practitioners to suggest Handivan use	TOK Admin Health Practitioners Churches	TOK Admin to make up handouts for Health Practitioners to give out and posters for Rudyard Manor and Friendship Club Churches to list availability in weekly bulletins Advertise that Hometown Co-op pays for all riders fees (Fridays)	Immediately
Improve communications re: opportunities for Diabetes Clinics, Dementia Clinics, Meal on Wheels	Home Care Coordinator Families of older adults need info from Health Practitioners, Home Care Coordinator, etc. on services and means to achieve them	Home Care Coordinator Health Practitioners	Home Care Coordinator to communicate services in TOK newsletter Health Practitioners to provide "link" to services applicable	Immediately
Communicate with older adults list of hairdressers in community	Currently have 4 hair salons and 1 barber shop Need to post list in Rudyard Manor, Friendship Club	Hair stylists Sask Housing Authority	Hair stylists to promote their businesses Sask Housing Authority to give out lists to new seniors moving in	Immediately

To add one or two bulletin boards in high traffic areas in Kipling for posters	Bulletin Board outside Post Office would be helpful Bulletin Board in Library would be helpful	Canada Post, TOK Council, Public Works, Kipling Public Library	Canada Post and TOK Council to permit; Public Works to construct; Deb to inquire with Public Library	1-6 months
To post sign up sheets in Rudyard Manor for those wanting to attend an event and needing transportation	There is an area to post sheets at Rudyard Manor – need to communicate to event organizers	Lions Club, Churches, event organizers	Event organizers to link with service clubs, churches to assess interest in project	1-6 months

Outcomes:

Short term

- ✓ Improved communication between older adults and community groups, individuals
- ✓ Improved attendance at community events
- ✓ Volunteer opportunities for community members of all ages

Intermediate

- ✓ Increased attendance of community events, business opportunities
- ✓ Increased opportunities for intergenerational connections

Long term

- ✓ Increased quality of life within the community
- ✓ Lessened isolation of older adults
- ✓ Increased business opportunities within the community

INITIATIVE: Increase volunteer recruitment of older adults, and celebrate success.

STRATEGIES	RESOURCES	POTENTIAL PARTNERS	TASKS ASSIGNMENTS	PRIORITY & TIMELINES
To recruit volunteers from older adult population	Most older adults are not online – need other platform for recruitment		Educate groups on strategies re: recruitment and matching with available needs	Priority – Medium Timeline - ongoing
To recognize individuals and celebrate successes	Most older adults are not online – need other platform for communication Town of Kipling Ratepayers Supper & Meeting	Town of Kipling (Ratepayers Meeting)	Recognize contributions of volunteers, individuals in community	Priority – Medium Timeline dependent on ability to hold gatherings (COVID-19 restrictions)

OUTCOMES:

Short term

- ✓ Successful communication of successes
- ✓ Ability to publicly give recognition
- ✓ Additional volunteers for defined roles

Intermediate

- ✓ Increased possibility of future volunteer roles being filled
- ✓ Increased opportunities for intergenerational connections

Long term

- ✓ Less isolation of older adults
- ✓ Increased appreciation of the roles that all community members play
- ✓ Increased quality of life in the community

INITIATIVE: Assist with communication of Health and Community Supports

STRATEGIES	RESOURCES	POTENTIAL PARTNERS	TASKS ASSIGNMENTS	PRIORITY & TIMELINES
Grocery stores and drugstores to communicate delivery system	Both grocery stores and pharmacies will deliver products Need better promotion of service to public – especially older adults	Hometown Co-op Three Sisters Foods Pharmasave Balfour Drugs	Committee to communicate with businesses the void in advertising	Immediately
Improve communication of diabetes, cancer and mental health supports in Kipling	Health Care providers need to communicate supports to general public	Health Care providers	Committee member to communicate need to health care providers	1-6 months
Communicate need for someone to fill odd jobs, housework, etc.	Need list of individuals, companies that will provide services	TOK Admin to communicate need to public in newsletter, on website and social media. Providers to add to list available on TOK website, bulletin boards, etc.	Susan to enlist TOK Admin assistance in creating a Miscellaneous category on advertising (website) for providers.	1-6 months
Assist Kipling Public Library with defining opportunities for older adults	Library is perfect space for older adult workshops, events. Need to know what older adults want.	Kipling Library Board	Susan to communicate to Charla and Board Chair	1-12 months

Outcomes:

Short term

- ✓ Increased service to older adult population

Intermediate

- ✓ Increased opportunity for businesses, individuals

Long term

- ✓ Increased quality of life of older adults