



Age-Friendly Saskatchewan

WHAT'S HAPPENING IN AF COMMUNITIES HERE AND ELSEWHERE!



Upcoming
AF Events



Updates to
AF Sask Website



SSM
Happenings



Your
Questions

Be sure to scroll all the way down -- you won't want to miss anything!

Age-Friendly Saskatchewan Connector November 27, 2023

We're pleased to welcome you to the tenth regular issue of the
Age-Friendly Saskatchewan Connector.

These newsletters keep you informed on what we're doing in
Age-Friendly Saskatchewan, new things that are happening
in the communities, and more.

Age-Friendly Events



Report—October Gathering on Websites & Social Media

On October 16, we had a rich discussion about websites and social media for Age-Friendly Committees and other groups.

Linda Anderson (SSM Communications & Ageism Awareness staff) and Beth Stilborn (SSM Website & Social Media staff) gave presentations on the topic. The presentation summary PDF is [at this link](#).

Report—October Coffee Hour on Logos & Signage



On October 31, the Age-Friendly Saskatchewan Coffee Hour centred on discussion about the use of logos and signage, with presentations from Catherine Barnsley (SSM Age-Friendly Communities staff) and Beth Stilborn (SSM Website & Social Media staff). A summary of the coffee hour is [at this link](#).

Stay tuned for an upcoming Age-Friendly Saskatchewan Zoom Gathering and Coffee Hour in the winter of 2024!

Look What's Happening!



Age-Friendly Rosetown in Online Media

The West Central Online news source recently published an article about an informational booklet that Age-Friendly Rosetown is working on.



Kudos to them for working on this project! It will be of help to all residents of the community, not only older adults. We want to highlight what a great use of media this article represents. We'd also like to say thank you for the shout-out about the Connector! You may read the article [here](#).

Items of Interest



Cyber-Seniors Webinar Review!

I have been attending recent one-hour webinars on Cyber-security presented by Cyber-Seniors.

The webinars are excellent in all ways: quality and pace of presentation, easy-to-read PowerPoint slides, and time for Q & A in the Chat or verbally.

There is no cost to sign up for the Cyber-Seniors Thursday newsletter or to attend their webinars. The recordings of past one-hour webinars on Cyber-Security can be found [here](#). These

are just a few of the many previous recordings on a variety of technology topics.

I believe sharing these videos followed by appropriate discussion would be an excellent way to meet goals in each of these Age-Friendly domains:

- Social participation
- Respect and social inclusion
- Communication and information

Let's promote being informed — and connected.

– Catherine Barnsley, Age-Friendly Staff.

Age-Friendly World newsletter from WHO

Are you familiar with the World Health Organization's Age-Friendly World website and newsletter? You can find news and updates from Age-Friendly Communities all over the world.



You can also sign up for their quarterly newsletter [at this link](#). It's not only a source of information and resources, but a way to feel connected with the wider Age-Friendly movement. We'd encourage you to check it out!

Updates to the Age-Friendly Saskatchewan Website



Welcome to Age-Friendly Saskatchewan!



Accessibility Tab on the Website

One of the topics discussed during the recent Gathering about websites and social media was the importance of being able to resize the font on a website, to make it accessible for those with visual impairments.

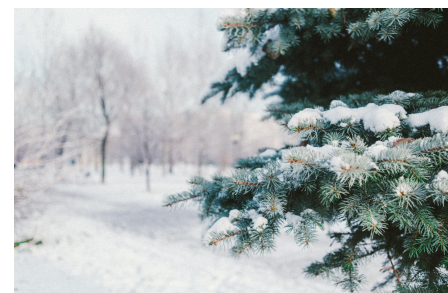
We're pleased to say that we have added an accessibility tab to the Age-Friendly Saskatchewan website, which appears on every page: simply click the wheelchair icon (the best of the app's choices for an icon).

We'd like to challenge Age-Friendly Committees to encourage this kind of accessibility on websites in your communities. This falls under these domains:

- Social Inclusion
- Communication and Information.

Happy Holidays!

In whatever you will be doing over the holiday season, and whatever holiday you celebrate, we wish you all the best for a joyous, relaxing, invigorating time!



Warm Season's Greetings to you,
with all good wishes for a wonderful 2024!

Here's to our Age-Friendly work and action in the coming year and beyond!

Catherine

Catherine Barnsley
Age-Friendly Communities Staff

Beth

Beth Stilborn
Website and Social Media Staff

This newsletter may have been forwarded to you by someone on your local AF Committee. If you would like to receive it directly, here's how you subscribe: please send your name and email address to Catherine, **indicating that you want to subscribe to the Age-Friendly Saskatchewan Newsletter**. For those receiving it with either Holly Schick or Catherine Barnsley as the sender's name, you are already subscribed.

Age-Friendly Saskatchewan Website: <https://agefriendlysk.ca/>
Age-Friendly Communities Page: <https://agefriendlysk.ca/af-saskatchewan-communities-main-page/>

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