

# Age Friendly – Moosomin Timeline: 2021 to Present

## 2021

March 8, 2021 World Spectator Article and meeting advertisement

Community is introduced to AF and announcement of upcoming organizational meeting.

March 29, 2021 AF Moosomin Introduction Meeting (Zoom)

12 people attended the meeting.

Doug Still (Chairperson AFSK) and Catherine Barnsley (AFSK) were invited to share information to a group of interested community members in regards to establishing an age friendly committee in Moosomin.

Doug and Catherine shared a PowerPoint presentation followed by a Q&A.

May 3, 2021 World Spectator follow-up article to establishment of an AF Moosomin committee

May 5, 2021 Meeting (Zoom)

7 people attended the meeting.

A local Age Friendly Committee was established.

Greg and Devona offered to do AF presentations to the town council and RM's.

Greg Gillespie as Economic Development Officer has been assigned to the group by the town of Moosomin.

Committee was presented with sample surveys to consider for surveying Moosomin.

May 26, 2021 Town Council Presentation

Greg Gillespie and Devona gave a presentation about Age Friendly Moosomin.

May 31, 2021 World Spectator coverage of presentation to town council

June 7, 2021 Meeting (Zoom)

9 people attended the meeting.

Committee worked on the survey and discussed methods of preparation with photocopying costs, folding, and mailing options presented. LTC will be asked to fold.

June 14, 2021 Survey Committee Meeting (Face to Face)

Val, Suzanne, and Devona met to draft the final survey.

July 13, 2021 Presentation to RM of Moosomin No.121

## **Age Friendly – Moosomin Timeline: 2021 to Present**

Greg Gillespie and Devona gave a presentation about Age Friendly Moosomin.

July 14, 2021 Presentation to RM of Martin #122

Greg Gillespie and Devona gave a presentation about Age Friendly Moosomin.

September 27, 2021 World Spectator Advertisement for Coffee House

September 27, 2021 Meeting (in person) at Moosomin Library

6 people attended the meeting.

Final approval of the survey was made.

Distribution methods was finalized (hand delivery and surveys left at key businesses).

Dates for distribution and final submission were established.

Coffee House was planned for the celebration of International Day of Older Persons

October 1, 2021

Coffee House in Celebration of International Day of Older Persons: Approximately 70 people attended a coffee house at the Royal Canadian Legion Club Room. AF brochures and members were available to give information about AF Moosomin. A silver collection was accepted for coffee and cookies. Members of the community including LTC attended and surrounding rural attended.

October 4, 2021 World Spectator Press Release

Survey is introduced to the community along with information on mandate of AF.

October 11-15, 2021

Hand delivery of AF Moosomin Surveys within the town of Moosomin and in local businesses occurred.

October 11 – October 25, 2021 (extended to November 5)

Surveys were returned to the South East Library Book Repository as well as the McNaughton School Graduation Class

October 18, 2021 World Spectator coverage

Letter to the Editor in regards to the upcoming survey

October 19, 2021 Moosomin Chamber of Commerce Presentation

Greg Gillespie and Devona gave a presentation about Age Friendly Moosomin.

## **Age Friendly – Moosomin Timeline: 2021 to Present**

October 25, 2021 World Spectator coverage of AF presentation to Moosomin Chamber of Commerce

November 8, 2021 Meeting (in person) at the Masons' Lodge

8 members were in attendance.

Survey tabulation took place.

December 7, 2021 Meeting (in person) at the Town Office Meeting Room

7 members were in attendance

Survey summary was presented with Sidewalks, Benches, and Community reaching out intentionally to seniors as the three main areas to be worked on

## **2022**

January 17, 2022(in perso) at the Town Office Meeting Room

8 members in attendance

Special Presentation from Sheilagh Garrett from Saskatchewan Housing, explaining housing options in the Moosomin area was given.

Greg prepared a press release for the Spectator in regards to the survey results.

Sidewalk snow bi-laws for other like sized communities were reviewed.

Terms of reference document was presented as prepared by Bill along with the wording of the resolution that will be presented to the town.

Discussion of an action plan including sidewalk assessment and feasibility of benches took place.

January 24, 2022

Press Release published in Moosomin World Spectator highlighting the survey results

February 7, 2022 at the Town Office Meeting Room

7 members were in attendance

Discussion of the importance of community endorsement took place with a letter going to local service clubs and organizations indicating the group's mandate and requesting endorsement.

Sidewalk assessment will have to wait for spring. Bill has done some research on benches.

March 7, 2022 at the Town Office Meeting Room

4 people were in attendance

## **Age Friendly – Moosomin Timeline: 2021 to Present**

Letter requesting community endorsement amended to include AF Macting as a volunteer base. Further discussion of benches and partnering with town beautification and service clubs took place.

April 4, 2022 at the Town Office Meeting Room

10 members were in attendance

Ann presented an article that discussed types of activities embraced by various age groups. This gave a basis for discussion of walking trails vs sidewalks as an emphasis.

Walkways assessment will be finalized at the next meeting.

Local bench patterns and costs were presented.

Follow-up survey reports and resolution presentations were discussed with meetings with Town of Moosomin and the RMs of Moosomin and Martin to be established for presentations.

Operating fund request to be made to the Moosomin Kinette Club.

Several letters of endorsement were received.

April 27, 2022

Bill Thorn and Devona Putland present AF Survey results and resolution at Town Council meeting.

Town designates a liaison from town council (Kyla Fingas) to the AF Moosomin group.

Town adopts the AF resolution.

May 2, 2022 World Spectator Coverage of Presentation to Moosomin Town Council

May 2, 2022 at the Town Office Meeting Room

8 members were in attendance.

Sidewalk assessment established.

Bench specifications presented with pricing.

Update in regards to partnering with the town rec. dir. to establish walking trails.

Committee divided the sidewalks of the town to assess for condition.

May-June, 2022

## **Age Friendly – Moosomin Timeline: 2021 to Present**

Members performed audits of assigned sidewalk areas.

June 13, 2022 meeting at Town Office Meeting Room

8 members were in attendance.

An update of the bench campaign was given.

Sidewalk assessment will be summarized and shared with the town administrator.

Community Builders Alliance (CBA) banking routine was discussed.

June 14, 2022

Presentation of AF Moosomin resolution at RM of Moosomin meeting

Resolution for support of AF Moosomin is passed

June 15, 2022

Presentation of AF Moosomin resolution at RM of Martin meeting

Resolution for support of AF Moosomin is passed

July 1, 2022

AF Moosomin Members volunteer at Kids Carnival for Canada Day 'Eh Celebration

August 7, 2022

Sidewalk assessment map and results are shared with town administrator, Paul Listrom

August 8, 2022

Letter of Endorsement sent on behalf of Moosomin Recovery Centre.

September 12, 2022 Meeting at Town Office Meeting Room

7 members were in attendance.

Kinettes award \$1000 operating grant to AF Moosomin

Bench campaign begins with research on pricing and prototypes

Banking system is in place.

Application process for New Horizon for Seniors Grant begins (technology for older adults)

New Economic Development Officer has been hired and is now with the group (Casey McCormac)

## Age Friendly – Moosomin Timeline: 2021 to Present

October 1, 2022

International Day of the Older Person Coffee House held at the Moosomin Legion Club Room.

AF Moosomin is presented with \$1000 from Moosomin Kinette Club at their Chase the Ace venue.

October 3, 2022 Meeting at Town Office Meeting Room 7 members were in attendance.

Banking details were finalized.

New Horizons Grant application was discussed and is due by the end of October.

Discussion for future focus group/coffee houses took place.

November 7, 2022

5 members were in attendance.

Bench prototype is developed with all local vendors.

Two anti-fraud presentations are booked for May, 2023 in support of the technology for older adults education.

AF Moosomin's profile is on the provincial AF Saskatchewan website.

## 2023

January 23, 2023 Meeting at Town Office Meeting Room

7 members were in attendance.

Bench prototype is on display on Main Street. Bench pricing set and advertising campaign for benches is set for February.

Focus group/coffee house in regards to transportation to out of town medical appointments is set for February 14.

AF Moosomin Press Release is published in the World Spectator to keep the community updated to the committee's work

Beginning plans are made to promote Ageism video, *Golden, The End of Ageism*

AF Moosomin has a Facebook presence

February, 2023

Bench campaign advertising and program runs for the month (18 benches were sponsored)

## **Age Friendly – Moosomin Timeline: 2021 to Present**

February 14, 2023

Coffee House/Focus Group held to discuss transportation to out of town medical appointments

February 20, 2023

New Horizons for Seniors Grant is approved for \$13044

March 6, 2023 Meeting at Town Office Meeting Room

8 members and one guest were in attendance.

Discussion of need for volunteers with guest, Karen Holloway (SHA) occurred.

Focus Group feedback in regards to out of town medical appointment transportation occurred.

Request for a letter of endorsement for inclusion at the Day Away Program at the LTC was made.

March 10, 2023

Day Away letter of endorsement for inclusionary practices was sent to SHA parties asking for practices used with daycare participants to be inclusive.

March 27, 2023

Ageism video is shown as a matinee at the Sandstone Villa for residents and AF committee (along with popcorn)

April 3, 2023 Meeting at Town Office Meeting Room

8 members were in attendance.

Setting up designated bank account for the NHS grant

Advertising for participants for the technology for older adults program

Bench locations discussed.

April 25, 2023

Ageism video is shown as a matinee at the Gemstone Villa for residents (along with popcorn)

May 1, 2023 Meeting at Town Office Meeting Room

11 members were in attendance.

AF asked to volunteer at the Shriners FMX Bike Show in June

## Age Friendly – Moosomin Timeline: 2021 to Present

Creation of a AF Moosomin Logo Banner to occur

One anti-fraud and financial abuse of seniors seminar will take place combining the contents of the previously planned two events.

Benches are ready for distribution in the community

Technology session one continues with weekly volunteer sessions.

Bench sponsorship thank you section placed in World Spectator

May 13, 16, and 18, 2023

Technology for Seniors begins with formal classes from South East College

May 19, 2023

Ageism video is shown as a matinee at the Knotty Pine Manor for residents (along with popcorn)

June 4, 2023

AF Moosomin volunteers at the hydration station at the Shrine FMX Bike Show

Shrine-a –Rama Hydration Station Volunteers

AF Moosomin Signage made and used at the event.

June 8, 2023

AF Moosomin is interviewed by CBC Radio (Blue Skies)

June -July, 2023

Tech time for seniors tutorials continue, led by AF Moosomin volunteers with bi-weekly sessions. (June 8& 22, July 5&19)

August, 2023

Technology session take a one month holiday.

August 20, 2023

Letter of recommendation sent on behalf of the Moosomin Legion in support of their technology room and in coordination with the Technology for Seniors program.

Fall, 2023

Tech Time resumes tutorial sessions.(September 18 & October 2, 16 & 30)

September 18, 2023 Meeting at Moosomin Town Office



## **Age Friendly – Moosomin Timeline: 2021 to Present**

8 members were in attendance.

Decision that the bench program can be an ongoing venture

Transportation needs are re-evaluated and plans are made.

AF Moosomin asked to promote the Mature Driver Refresh Program from Saskatchewan Safety Council.

October 16, 2023 meeting at the Town Office meeting room

6 members were in attendance.

Next intake for Technology Grant begins recruitment at LTC

Updates for walking paths and benches

Call for volunteers at Cobblestone House (Assisted Living Facility)

November 20, 2023 Meeting at Town Office Meeting Room

8 members were in attendance.

Investigation into Files of Life as a community support

Transportation Presentation with Moosomin Chamber of Commerce planned.

## **2024**

January 15, 2024 Meeting at Town Office Meeting Room

Running of a two week advertisement in the Moosomin World Spectator to find participants for the Tech Time for Seniors group.

January 23, 2024

Sponsor Gravelbourg transportation presentation at Moosomin Chamber of Commerce Meeting

February 6 To March 26, 2024

Weekly Tech Time for Seniors group at the regional library.

February, 2024

Next steps for transportation project, seeking sponsors and funding, continuing research

March, 2024

Technology grant draws to a close with submission of final reports.