



# Age-Friendly Saskatchewan

WHAT'S HAPPENING IN AF COMMUNITIES HERE AND ELSEWHERE!



Upcoming  
AF Events



Updates to  
AF Sask Website



SSM  
Happenings



Your  
Questions

Be sure to scroll all the way down -- you won't want to miss anything!

## Age-Friendly Saskatchewan Connector Special Edition, March 8, 2024

We're pleased to welcome you to this special issue of the **Age-Friendly Saskatchewan Connector**.

A regular edition of this newsletter will be sent this Spring.

From the  
Saskatchewan Seniors Mechanism  
and Age-Friendly Saskatchewan



*Older  
Adults  
Moving  
Forward*

## **From SSM Executive Director Holly Schick**

Greetings Age-Friendly Saskatchewan Network,

We have some upcoming staffing changes at SSM that relate to our Age-Friendly work. Catherine Barnsley is reducing her time, and we are hiring Wendy Thienes to pick up a portion of the work.

Catherine shares these thoughts on her decision:

“As of April 1, I am moving from a .75 to a .25 staff position as Age-Friendly Resource Development Staff focusing on developing the Liaison role and Age-Friendly resources. This includes continued revision of the Age-Friendly Saskatchewan website with Beth Stilborn (Website & Social Media Staff). After four years of many significant connections with our Age-Friendly communities, I now want to focus on personal retirement projects. However, I look forward to continuing to support the Age-Friendly program in this new role.”

I am grateful for Catherine’s contributions to Age-Friendly and look forward to her continuing connection with specific areas of this work.

I am also excited to welcome Wendy as part of our staff team. She brings a wealth of knowledge and experience of community development, age-friendly communities, and working with community-based organizations. Wendy will begin work as the Age-Friendly Communities Staff on April 1. She will be starting at .25 time as she completes other commitments. In mid-September she will move to .5 time.

In summary, as of April 1st please contact:

- Wendy for: any questions related to the Age-Friendly program in Saskatchewan
- Beth for: updating your Community Pages on the Age-Friendly Saskatchewan website, or any questions about receiving the Age-Friendly Saskatchewan Newsletter, The Connector

## **From AF Saskatchewan Committee Chair, Doug Still**

The Age-Friendly movement in Saskatchewan has been fortunate to have had a visionary and energetic administrative lead these past four years. It is no accident that the additional growth of Age-Friendly

has coincided with Catherine's work alongside the provincial Committee, Age-Friendly communities and SSM.

While she will be stepping away from her .75 position, we are absolutely delighted that she will remain connected through her work building our Liaison capacity and developing Age-Friendly resources. On behalf of the Age-Friendly Saskatchewan Committee and the Age-Friendly network, we look forward to continuing these connections, and know that Catherine will now have more time for post-retirement pursuits while providing supports behind the scenes.

On behalf of the Age-Friendly movement in this province, we welcome Wendy Thienes, who is no stranger to community development and Age-Friendly. We know the momentum that has been built going back many years and expanded upon in the past four, will continue. In addition to the many relationships she has with her community of Shaunavon and area, many of us in the Age-Friendly Network have met Wendy through the wonders of Zoom. I know that she will bring dedication and energy to the position, and we look forward to working with her beginning April 1.

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## Here's to our continuing Age-Friendly work and action!

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This newsletter may have been forwarded to you by someone on your local AF Committee. If you would like to receive it directly, here's how you subscribe: please send your name and email address to Beth at SSM **indicating that you want to subscribe to the Age-Friendly Saskatchewan Newsletter**. For those receiving it with either Catherine Barnsley or Holly Schick as the sender's name, you are already subscribed.

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**Age-Friendly Saskatchewan Website:** <https://agefriendlysk.ca/>  
**Age-Friendly Communities Page:** <https://agefriendlysk.ca/af-saskatchewan-communities-main-page/>

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