

**Age Friendly Fall Wellness Day Evaluation**  
**60 attended, 52 given out, 49 returned**

1) Did you attend our last Age Friendly Wellness Day (May 2024)?

**YES 33          NO 16          UNSURE**

2) Did you enjoy the speakers and find the topics today informative?

**YES 47          NO          MAYBE 2**

Suggestions for future topics?

- Travel for seniors (single or couple)
- Home businesses available to seniors
- gardening(2), singing, music (anything that brings joy)
- Diabetes, Indigenous Awareness
- RCMP – fraud & Scam
- benefits of aging & community connection

3) Was the location suitable for you?

**YES 49          NO          MAYBE**

Was there anything that was really good about it or not so good?

- Good food
- Temperature a little cool
- great location
- like knowing we have Chiropractor in town
- fantastic location; spacious, clean, stage to see speakers

4) Did you enjoy the lunch?

**YES 48          NO          MAYBE          No Response 1**

- vegetarian option would be nice, great lunch, fantastic lunch/coffee break, Excellent (2), I enjoyed myself, very good lunch – liked that it was warm, like soup and buns.

5) How did you hear about our Wellness Day? **No Response 3**

**Facebook 11          Poster 6          Newspaper Ad 4          Webpage 3**

**Invitation 21          Friend 13          Swift Current Online 2**

**Other: Age Friendly Event 5, Seniors Hall poster 1, LTC 1**